

Monday

30th Nov

Event

Description

Time

Location

Let's Talk and Play

Tel: 0300 333 5352

E-mail: publichealthnursing.torbay@nhs.net

Website: 0to19torbay.co.uk

One to one Speech Language & Communication support for children who need a bit or extra support with their speech, language and communication. This is for families that are referred to our service by a health professional or you can self refer.

Weekly

Torquay and Brixham

Free Booking required

Feeding Hour- parent to parent cuppa and catch up

Tel: 0300 333 5352

E-mail: publichealthnursing.torbay@nhs.net

Website:

eventbrite.co.uk/e/feeding-hour-parent-to-parent-cuppa-and-catch-up-registration-125972502145

A virtual group run by Breast Feeding Peer Supporters. A time for parent's breast feeding, blended feeding formula feeding to come together to share experiences and chat.

10:30AM - 11:30AM

Weekly

Virtual

Free

Tuesday

1st Dec

Event

Description

Time

Location

Child health clinic

Tel: 0300 333 5352

E-mail: publichealthnursing.torbay@nhs.net

Website: 0to19torbay.co.uk

We are offering appointment only clinics for people who are worried about their baby or child's development and for those that need to see a health visitor. Please give us a call or email us. Depending on your needs you will receive phone support or been seen face to face. You can also find lots of information, advice and support on our website.

Weekly

Brixham

Free Booking required

Infant Feeding Clinic

Tel: 0300 333 5352

E-mail: publichealthnursing.torbay@nhs.net

Website: [facebook.com/NHSbreastfeedingtorbay](https://www.facebook.com/NHSbreastfeedingtorbay)

If you would like support with infant feeding give us a call, contact our hub or email the team. This is for specialist 1 to 1 support from our infant feeding consultant for those experiencing problems with feeding. Depending on your needs you will receive phone support or be seen face to face. You can also find lots of advice and support at our breastfeeding Facebook page.

9:30AM - 1:00PM

Weekly

Free Booking required

Team baby

Tel: 0300 333 5352

E-mail: publichealthnursing.torbay@nhs.net

Website:

eventbrite.co.uk/e/8852-team-baby-tickets-126433579239

A virtual group facilitated by a support worker. A space for new parents to meet, connect and discuss new baby issues. New babies aged up to 6 months old.

11:00AM - 12:00PM

Weekly

Virtual via a link

Free

Wednesday

2nd Dec

Event

Description

Time

Location

My Developing Baby

Tel: 0300 333 5352

E-mail: publichealthnursing.torbay@nhs.net

Website: 0to19torbay.co.uk/events

A session for parents with babies 6 to 12-month-old. A place where parents can link with other parents and normalise childhood development.

Opportunity to discuss key issues with Support Workers, experience and understand the benefits of play. Places are limited due to Covid, If you feel you would benefit from attending, please talk to a member of the health or children's centre team who will book a place depending on your need.

10:30AM - 11:30AM
Weekly

The Barn, Rea Barn Rd,
Brixham TQ5 9DF

Free Booking required

Storytime

Website: facebook.com/0to19Torbay

We post a new story regular throughout the week for you to enjoy at home with your little one. You can always find all our Story time sessions in the video area on our Facebook page to enjoy again and again.

1:00PM - 1:15PM
Weekly

Free

Thursday

3rd Dec

Event

Description

Time

Location

Child health clinic

Website: 0to19torbay.co.uk

Free **Booking required**

We are offering appointment only clinics for people who are worried about their baby or child's development and for those that need to see a health visitor. Please give us a call or email us. Depending on your needs you will receive phone support or been seen face to face. You can also find lots of information, advice and support on our website.

Weekly

Paignton

A weekly session with a rolling programme of development and behaviour support for parents. Weekly development focus

- General development/Speech, language and communication
- Sleep
- Toilet training
- Managing children's emotions
- Dummy use and/or dental info
- Healthy Lifestyles

Book on for a limited number of families in line with COVID 19 safer measures of working and government guidelines.

My developing toddler group

Tel: 0300 333 5352

E-mail: publichealthnursing.torbay@nhs.net

Website: 0to19torbay.co.uk

Free **Booking required**

9:45AM - 11:15AM

Weekly

Torquay

Thursday

3rd Dec

Event

Description

Time

Location

My Developing Baby

Tel: 0300 333 5352

E-mail: publichealthnursing.torbay@nhs.net

Website: 0to19torbay.co.uk/events

A session for parents with babies 6 to 12-month-old. A place where parents can link with other parents and normalise childhood development.

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10:30AM - 11:30AM
Weekly

Zig Zags, 32 Market St,
Torquay TQ1 3AQ

Free **Booking required**

Friday

4th Dec

Event

Description

Time

Location

My Developing Baby

Tel: 0300 333 5352

E-mail: publichealthnursing.torbay@nhs.net

Free **Booking required**

A session for parents with babies 6 to 12-month-old. A place where parents can link with other parents and normalise childhood development. Opportunity to discuss key issues with Support Workers, experience and understand the benefits of play. Places are limited due to Covid, If you feel you would benefit from attending, please talk to a member of the health or children's centre team who will book a place depending on your need.

10:30AM - 11:30AM
Weekly

The Beehive, Paignton
Enterprise Centre, Bishops
Place, Paignton TQ3 3DZ

Storytime

Website: [facebook.com/0to19Torbay](https://www.facebook.com/0to19Torbay)

Free

We post a new story regular throughout the week for you to enjoy at home with your little one. You can always find all our Story time sessions in the video area on our Facebook page to enjoy again and again.

1:00PM - 1:15PM
Weekly